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| **My Local Health, Care and Community Contacts**  **Professionals who help me and how they can be contacted** |

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| **Personnel** | **My local contact** |
| GP |  |
| Community/District Nurse |  |
| Consultant |  |
| Hospital |  |
| Social Worker/Care Manager |  |
| Personal Assistant(s) |  |
|  |  |
| Advocate |  |
| Bereavement Service |  |
| Care Provider |  |
| Care Quality Commission |  |
| Care Worker |  |
| Carers Association |  |
| Catering – e.g. Meals on Wheels |  |
| Citizens Advice |  |
| Cleaner |  |
| Clergy |  |
| Complementary Therapist |  |
| Counsellor |  |
| Dentist |  |
| Dietician |  |
| Hospice services |  |
| I Talk |  |
| Independent Mental Capacity Advocate (IMCA) |  |
| Key Worker |  |
| Learning Disabilities liaison group/nurse working with mainstream services |  |
| Macmillan Nurse |  |
| Marie Curie Nurse |  |
| Occupational Therapist (OT) |  |
| Optician |  |
| Other treatment e.g. Chiropractor, |  |
| Palliative Care Consultant |  |
| Pharmacist |  |
| Physiotherapist |  |
| Psychiatrist |  |
| Speech and Language Therapist (SALT) |  |

Please add more overleaf if required